



Tool Box Talk

Falls

Tips for Preventing Falls

Preventing Falls from Scaffolds

- Use fully planked scaffolds
- Ensure proper access to scaffold
- Plumb and level
- Complete ALL guardrails
- Ensure stable footing
- Inspect before use

Preventing falls from Ladders

- Choose the right ladder for the job
- Maintain three points of contact
- Secure the ladder
- Always face the ladder

Preventing Falls from Roofs

- Wear a harness and always stay connected
- Make sure your harness fits
- Use guardrails or lifelines
- Inspect all fall protection equipment before use
- Guard or cover all holes, openings, and skylights

WORK SAFELY AND USE THE RIGHT EQUIPMENT!!!

If you have a near miss or incident story, please feel free to submit it to thomas.marrero@tradesmeninternational.com

Has this thought ever crossed your mind? The only way to be safe from falls is to avoid them! Avoidance is the key word. Let's explore just a few of the factors contributing to falls and their serious results. Here are some to think about.

Scaffolds - Never erect a temporary scaffold. Even if the job will only last a very short time, the scaffold should be erected as if you were going to use it indefinitely. Make sure you install all the cross braces both vertically and horizontally, be sure the scaffold is built on a level surface and fully decked, and don't forget to provide proper access.

Ladders - Select the right ladder for the job. Is it the right size, did you tie it off, did you inspect it prior to use? Always face the ladder when you climb and avoid carrying tools in your hands when climbing -- one slip could send you down -- use a hand line or pouch for the tools. Never stand on the top two steps.

Floor Openings - Any floor opening measuring 12 inches across or larger must be covered or protection provided by a standard guard rail with toe-boards. A cover must be large enough and strong enough to prevent failure and be marked so that everyone on the job will be aware of its purpose. Guard rails must meet minimum strength requirements (top rail must be able to withstand a force of 200 lbs.). Toe-boards will prevent tools or materials from falling through the opening and injuring workers below.

Stairways - Slow down -- don't run up or down. Avoid carrying objects that block your view of the steps. To help eliminate falls on stairways take your time, look where you step, and use the handrail. Keep stairways free of clutter to prevent tripping.

Housekeeping - A secure footing is a positive step in avoiding falls and good housekeeping is essential to secure footing. Debris, trash, oil and water left to accumulate on stairs, walkway etc. will lead to certain falls. A clean worksite is a safer worksite.

Watch your step! Stay alert! Avoidance and prevention is your first line of defense.

OSHA 10 Hour Course

The OSHA 10 Hour Course is available to all Tradesmen International employees. So get started sooner than later . The course is provided online or through select local field offices. Contact your local field office and get started today.

www.tradesmeninternational.com

To report an unsafe jobsite condition or actions, contact your National Safety Director 1-800-SAFETII (723-3844)

I have read and understand the training provided and if I have any questions pertaining to the training I will contact my local field office.

Employee Name: _____

Date: _____

Office Location: _____

Time Spent: _____